

Langstrath Fell Race

20th June 2007

Place	Time	Name	Club	Cat.
1	0:37:41	BARDSLEY, Ben	Borrowdale Fell Runners	Senior Male
2	0:37:56	LIGHTFOOT, Ricky	Ellenborough R.C.	Senior Male
3	0:38:47	SHARP, Nick	Ambleside A.C.	Senior Male
4	0:39:01	BOOTH, Simon	Borrowdale Fell Runners	Senior Male
5	0:40:31	FISH, Nick	Ambleside A.C.	Senior Male
6	0:41:51	STEELE, Chris	Borrowdale Fell Runners	Senior Male
7	0:41:57	ABDELNOOR, Ben	Ambleside A.C.	Senior Male
8	0:42:03	TROMAN, Dave	Keswick A.C.	Senior Male
9	0:42:11	CORNFORTH, Paul	Borrowdale Fell Runners	Male 40 to 44
10	0:42:27	ROBINSON, Chris	Helm Hill Runners	Senior Male
11	0:43:12	BLAND, Gavin	Borrowdale Fell Runners	Senior Male
12	0:43:23	KNOWLES, Paul	Ambleside A.C.	Senior Male
13	0:46:44	BARRON, Pete	Borrowdale Fell Runners	Male 50 to 54
14	0:47:22	UNWIN, Richard	Keswick A.C.	Male 50 to 54
15	0:47:54	BELL, Martin	Borrowdale Fell Runners	Male 40 to 44
16	0:47:57	WARD, David	Borrowdale Fell Runners	Senior Male
17	0:48:00	CRAKER, Phill	Ambleside A.C.	Senior Male
18	0:48:06	HARRISON, Rhett	Cumberland Fell Runners	Senior Male
19	0:48:10	SIMPSON, Jack		Senior Male
20	0:48:25	HARLING, Toby	Border Harriers	Senior Male
21	0:48:36	KELLY, Iain		Senior Male
22	0:48:43	BEETHAM, John	Keswick A.C.	Senior Male
23	0:48:46	BOIT, Ian	Keswick A.C.	Male 40 to 44
24	0:48:55	GILLESPIE, Robin	Eden Runners	Senior Male
25	0:48:56	ADDY, Chris	Eden Runners	Senior Male
26	0:49:18	OWENS, David	Keswick A.C.	Male 50 to 54
27	0:49:32	LOAN, Keith	Keswick A.C.	Male 50 to 54
28	0:49:43	RUTHERFORD, Mark	Keswick A.C.	Senior Male
29	0:49:48	WRIGHT, Paul		Male 40 to 44
30	0:49:52	SCOTT, Richard	Keswick A.C.	Male 40 to 44
31	0:50:13	GOODEY, Dan		Senior Male
32	0:51:06	COLEGATE, Andy	Long Eaton	Senior Male
33	0:51:22	HARTLEY, Stephen	Eden Runners	Male 40 to 44
34	0:51:29	BRAND-BARKER, Angela	Keswick A.C.	Female 40 to 49
35	0:51:47	KENYON, Martin		Male 40 to 44
36	0:51:51	SMITH, David		Male 40 to 44
37	0:52:09	DRING, Craig	Keswick A.C.	Male 40 to 44
38	0:52:19	DAVIES, Ian	Keswick A.C.	Senior Male
39	0:52:35	BROXUP, Jonathan	Kendal A.C.	Male 50 to 54
40	0:52:40	MURRAY, Andrew	Keswick A.C.	Senior Male
41	0:52:48	HODGSON, Sara	Keswick A.C.	Female 40 to 49
42	0:53:06	COOPER, Rick	Keswick A.C.	Male 40 to 44
43	0:53:16	GASH, Rebecca	Borrowdale Fell Runners	Senior Female
44	0:53:23	MCDOUGALL, Ian	Cumberland Fell Runners	Male 40 to 44
45	0:53:24	MCKENDREY, Paul	Cumberland A.C.	Senior Male
46	0:53:32	COWELL, Liz	Borrowdale Fell Runners	Female 40 to 49
47	0:53:34	GREY, Roger	Cumberland A.C.	Male 50 to 54
48	0:53:55	CARTER, Julie	Cumberland Fell Runners	Female 40 to 49
49	0:54:10	BROWN, Stan		Male 45 to 49
50	0:54:24	HARRISON, Mike		Senior Male
51	0:54:43	HARLING, Chris		Senior Male
52	0:54:49	GRAHAM, Mark	Cumberland Fell Runners	Male 45 to 49
53	0:54:55	FORECAST, Simon		Senior Male
54	0:55:03	BOWIE, Tom	Fife AC	Male 60 to 64
55	0:55:25	LITT, Michael	Cumberland Fell Runners	Male 55 to 59
56	0:55:28	LAWLAR, Nick	Keswick A.C.	Senior Male
57	0:55:46	SMITH, Trudy	Keswick A.C.	Senior Female
58	0:56:04	HODGSON, Mike	Fellandale	Male 45 to 49
59	0:56:13	MOORE, Nick	Cumberland Fell Runners	Male 45 to 49

60	0:56:36	KNOX, Chris	Keswick A.C.	Male 50 to 54
61	0:56:51	LAW, Rebecca		Female 40 to 49
62	0:56:54	BRIDGE, Darian	Borrowdale Fell Runners	Male 55 to 59
63	0:58:48	LAING, Andrew	North York Moors	Male 45 to 49
64	0:59:43	DOUGLAS, Luke		Junior Male
65	0:59:49	KIVLEHAW, Bernard	N.F.R.	Male 45 to 49
66	1:02:15	HAWLEY, Philip	Cumberland Fell Runners	Male 50 to 54
67	1:02:17	HAWKINS, Suzi		Senior Female
68	1:04:42	HADWIN, Gary	Keswick A.C.	Senior Male
69	1:05:26	BEATY, Stewart	N.F.R.	Male 55 to 59
70	1:06:27	CARTER, Alison		Senior Female
71	1:06:39	RATCLIFFE, Jo		Senior Female
72	1:06:55	RUTTER, John	Keswick A.C.	Male over 70
73	1:07:47	BRIDGE, Maureen	Keswick A.C.	Female over 50
74	1:07:50	MORGAN, David	Cumberland Fell Runners	Male 60 to 64
75	1:11:51	DOUGLAS, Gill	Eden Runners	Female 40 to 49
76	1:12:09	GARSON, Marion	Aberystwyth AC	Female 40 to 49
77	1:12:10	GARSON, Peter	Aberystwyth AC	Male 40 to 44
78	1:14:45	WATSON, Stephen	Cumberland Fell Runners	Male 65 to 69
79	1:14:54	ADDISON, Ian	Keswick A.C.	Male over 70

Male Teams

1 : Borrowdale Fell Runners

1	0:37:41
4	0:39:01
6	0:41:51

BARDSLEY, Ben	Senior Male
BOOTH, Simon	Senior Male
STEELE, Chris	Senior Male

2 : Ambleside A.C.

3	0:38:47
5	0:40:31
7	0:41:57

SHARP, Nick	Senior Male
FISH, Nick	Senior Male
ABDELNOOR, Ben	Senior Male

3 : Borrowdale Fell Runners

9	0:42:11
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13	0:46:44

CORNFORTH, Paul	Male 40 to 44
BLAND, Gavin	Senior Male
BARRON, Pete	Male 50 to 54

4 : Keswick A.C.

8	0:42:03
14	0:47:22
22	0:48:43

TROMAN, Dave	Senior Male
UNWIN, Richard	Male 50 to 54
BEETHAM, John	Senior Male

Female Team

1 : Keswick A.C.

1	0:51:29
2	0:52:48
6	0:55:46

BRAND-BARKER, Angela	Female 40 to 49
HODGSON, Sara	Female 40 to 49
SMITH, Trudy	Senior Female